

AMENDMENTS TO THE SPECIFICATION

Please insert the following paragraph after the title:

CROSS-REFERENCE TO RELATED APPLICATIONS

This application is a continuation of United States Patent Application No. 10/092,754 filed on 03/07/2002. This application claims the priority of U.K. Patent Application No. GB 0105547.4, filed March 7, 2001 and U.K. Patent Application No. GB 0125749.2, filed October 26, 2001, the contents of which are incorporated herein by reference.

Please replace paragraphs [0043] and [0048] with the following amended paragraphs:

[0043] On entry into idle mode (bottom half of Figure 2) (~~[[16]]~~ 64) moves into its forwardmost position. The beatpiece has sufficient forward momentum to cause the beatpiece catching ring (15) to deform so that the increased diameter portion (64b) of the beatpiece can move forwardly past the reduced diameter portion (15a) of the ring (15). The deformation of the ring (15) will absorb some of the forward movement of the beatpiece (64). The forward increase diameter portion (64a) of the beatpiece impacts a rearward facing internal shoulder (7d) of the forward sleeve (7), thus transferring its forward momentum to the front sleeve (7). The reflected momentum from the sleeve (7) causes the beatpiece (64) to then move rearwardly, but not with sufficient force for the

rearward increased diameter portion (64b) of the beatpiece to move rearwardly past the beatpiece catching ring (15).

[0048] The two part sleeve arrangement (7,9) has a seal (21) located forwardly of it for sealing around between beatpiece (64) and the forward spindle part (40b). This seals around the beatpiece against dust entering the part of the spindle (40a, 40b) behind the seal (21) and against grease leaving the part of the spindle behind the seal (21). As the seal (21) is located forwardly of the sleeve arrangement (7, 9), the guiding of the beatpiece (64) using guiding portions (7a, 9a) is done entirely within the grease filled region of the spindle part (40b). Furthermore, the sleeve (7, 9), O-ring ([30] 11), damper (48) and beatpiece catching ring (15) fill the space between the beatpiece (64) and the spindle part (40b) and so provides a physical barrier to the ingress of dust.